Westford Youth Basketball

2022-23

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|  | **Rec Teams** | **Travel Teams** |
| Players | Everyone who registers is placed on a team | Team members selected through tryouts |
| Competition/Talent Level | Wide range, from beginner to experienced | Highly competitive |
| # or Practices | Once a week (1 hour) | Twice a week (1.5 hours) |
| Coaches | High school students with supervision | Adults |
| # of Games | 10 plus playoffs | 18-20 plus playoffs |
| Expenses | All-inclusive | Uniform and tournaments are possible addt’l cost |
| Game Locations | Westford gyms | Westford and surrounding towns |